



# the heart♥beat

## WESLEY MEMORIAL

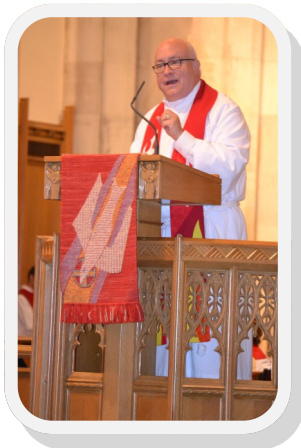
A UNITED METHODIST CONGREGATION  
High Point, North Carolina

Volume 26 No. 7

July 2018



### From Our Pastor



#### Year Two Begins

It is hard for me to believe that I am beginning my second year of ministry at Wesley Memorial. Tammy and I have long felt

at home in High Point and we certainly now feel at home in this congregation.

The Spirit is doing some great things in this congregation. We are watching the deepening of people's commitment to Christ and his work in this world. A spirit of worshipful unity is growing. Commitment to transforming our city is expanding. Every Sunday we have opportunities to receive the new people that God is sending our way; people who are looking to grow in their spiritual lives and serve our hurting world. We are adding ministries on a regular basis. Prayer and study are increasing in importance. God is using generous hearts to ensure the vitality of our congregation, both today

and in the years to come. May God grants us all eyes to see the work of the Spirit around us.

I am a goal-oriented person. Goals help me focus. Remember that we have four spiritual practices that we have committed to use as aids to our growth: **Prayer, Small Groups, Worship,** and **Hands-on-Mission**. Here are some of my goals to help us fruitfully use these practices in our congregation. I hope that these will be your goals.



**We will deepen our spiritual lives through prayer, study and worship;** we will continue to expand opportunities for spiritual growth and encourage each other to be intentional particularly in the development of journey and unity groups.

**We will strengthen our fellowship as we grow stronger relationships;** we are scheduling the production of a new pictorial directory in the fall (*which is more important for the life of our fellowship than most imagine*).

**We will expand our ministry to our community;** we will be supporting Carter in his work with Ward Street Mission.

**We will help others come to new life in Christ as they see our commitment to Gospel living;** we will all commit to participating in ministries of invitations and hospitality.

God is doing great things through the Church in the world. We are in a time when the Spirit is pruning and focusing the people of Jesus. The Holy Spirit is doing a new thing in the life of our congregation. I hope that you will be part of the Spirit's work.

With Confidence in Christ,

**Pastor Jeff**



Register on line at [www.wesleymemorial.org](http://www.wesleymemorial.org) and click the VBS registration

## Shipwrecked VBS Leader Workshop

For Leaders and Assistants for our **Preschool VBS**

Wednesday, July 11 (10:00-11:00 am)

*Come to the Children's Gathering Space on the Elementary Hall.*

### Haven't signed up to volunteer?

No problem. Go to the church website and follow the registration link to volunteer registration. Questions? Contact **Debbie Foust**.

Thank you so much for Volunteering to help. You will be a blessing to our youngest VBS participants.

### Can't be here to help with VBS?

You can still be a very important part of the experience. The VBS Team is asking for help in two ways.

1. **Financial donations** that will help offset the cost of VBS here at Wesley Memorial as well as Ward Street. Please Indicate that your contribution is for VBS.
2. **Pray** for the Leaders and children that will be participating. Prayer cards will be available around the church to pray before, during and after VBS. Begin preparing their hearts to hear the message each day so their lives may be transformed.

**Some of the VBS supplies we will be needing are:**

resealable plastic bags—  
quart & gallon sizes

paper grocery bags

painter's tape  
(green & blue)

masking tape

duct tape

*(collection bins will be in  
the office lobby area)*

**Financial support  
is always appreciated  
to help cover the cost of  
supplies and snacks  
for each day.**

**Debbie Foust**

Director of Children's Ministries  
336-812-4804  
dfoust@wesleymemorial.org



## Vacation Bible School Mission Project

# Let's Get Growing!

When you're hungry, you probably open your refrigerator to find at least a couple of things inside. And your cupboards likely have at least a few odds and ends sitting on the shelves. Most of us don't think twice about where our next meal will come from. And if we *don't* have enough, our neighbors, family, friends or local agencies can lend a hand.

That's not the case in Haiti. Years of drought, punishing hurricanes, and decades of deforestation have taken a toll on Haiti's soil. As a result, parents struggle to grow enough food for their families.

Entire communities live hand-to-mouth, unsure of how to produce sustainable, adequate food sources.



## But here at **Shipwrecked VBS** we want to change that!

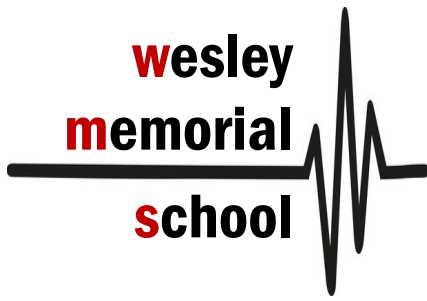


Operation Kid-to-Kid is partnering with World Vision to provide Haitian families with drought-tolerant seeds—enough to grow food for the *entire* family, with additional crops to sell in community markets. Donations also help farmers learn sustainable farming practices, contribute toward reforestation, and help nourish entire communities for years to come!

A \$10 gift provides seeds that can grow into food that will feed a child for an entire year and *any* donation makes a difference! We will be collecting money in "Seed Packets" during VBS July 16 -19. You can help NOW, during VBS until August 12. Add whatever you can to the

Operation Kid-to-Kid Seed Packet displays outside each worship space and in the office foyer. Thank you for the difference your donation will make in the life of children in Haiti .





**JoAnn Clifton**, Director  
336-884-4232  
jclifton@wesleymemorial.org



**Susan Kelley**, Associate Director  
336-884-4232  
skelley@wesleymemorial.org

## WMS Summer Camp

The Wesley Memorial School summer camp program is in full swing. Our children are having a lot of fun taking part in different learning activities and experiences. We kicked off the program with themed weeks dedicated to gardening, ecology and music. You may have seen our children practicing their gardening skills around the church campus. They weeded and raked and planted.

The next week we were treated to a very special ecology program from a group from Leggett & Platt, Inc. The children played games, learned about recycling, made a birdfeeder out of “trash”, and were treated to a special snack. Thank you, Murray Catton and the program team from Leggett & Platt!

Music week was also filled with specials. Mrs. JoAnn introduced the hand bells to the children. Young Rachel Couillard played her double bass for our children. Did you know that the double bass is the largest and lowest pitched bowed string instrument in the modern symphony orchestra? Finally, Wake Forest Museum of Anthropology brought their “All Kinds of Instruments” program to us. It was a very special week, indeed.

We are thankful for all that are sharing their gifts and talents with us this summer!





## Anne Carroll

Director of Traditional Music Ministries  
336-812-4816  
acarroll@wesleymemorial.org

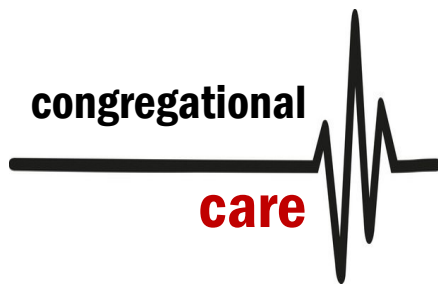


## Thank You

Thanks to everyone who made **Music Camp 2018** a success: **Debbie Foust** (drama), **Melissa Haynes** from the Theater Art Gallery, **Karen Odom** (liturgical dance), **Frank Pifferetti** (music), and all our volunteers - **Dottie O'Connor, Patty McLarty, Nancy Skelton, Claire Wilson, Lynette Hodgin** and **Loraye Hughes**.

Eighteen wonderful and enthusiastic 2nd- 5th graders participated in a week of "praising God with a new song." Parents and friends joined us on Thursday for a final worship service lead by the children, with guest musician **Joseph Cox**, band teacher from Southwest High School, who brought a vibraphone to accompany the children on one of their anthems. Save the 3<sup>rd</sup> week of June, 2019, for next year's music camp.





### The Reverend **Jared Stine**

Associate Pastor for Congregational Care  
336-812-4813  
jstine@wesley memorial.org

## Celebrate Recovery Now at Wesley Memorial



**Celebrate Recovery**  
A CHRIST CENTERED Recovery Program

Celebrate Recovery is a Christ-centered 12-step recovery ministry that helps individuals struggling with hurt, pain, or addiction of any kind. It is a safe place to find community and freedom from the issues that control our lives. Since its start at Saddleback Church in California 26 years ago, Celebrate Recovery has helped over five million people!

Celebrate Recovery currently meets in the **Media Center from 6:30-9:00 pm on Friday evenings**. Gatherings include worship, teaching, and small group sharing. Wondering if Celebrate Recovery is right for you or someone you know? Check out [celebraterecovery.com](http://celebraterecovery.com), watch Celebrate Recovery videos on [youtube.com](http://youtube.com), or talk with one of the pastors.

Interested in helping support this ministry? We're looking for people to do anything from train to be small group facilitators to helping provide dinner each week. Contact Jared Stine to share your gift

## Stephen Ministry Training begins in August



Do other people often tell you that you're a great listener? Do you long for the next step in using your gifts to help other people? Are you wondering about the skills it takes to have an impact on friends, family members, our church, and our community? Stephen Ministry is a one-to-one

lay caring ministry that equips and empowers caregivers—called Stephen Ministers—to provide high-quality, confidential, Christ-centered care to people who are hurting. Care receivers may be going through a divorce, grieving a loss, or find themselves in an uncertain season of life. Through 50 hours of thorough training, Stephen Ministers learn how to provide appropriate care to others. Stephen Ministers repeatedly say that training helps them grow in their faith, and strengthens relationships with family and friends.

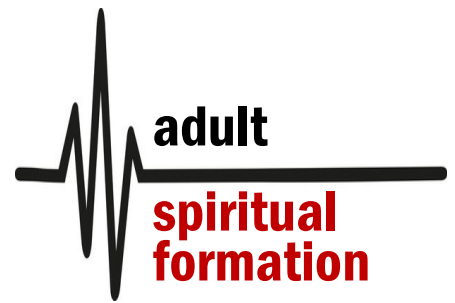
**Stephen ministry training will take place on Tuesdays from 6:00-8:30 pm starting August 21.**

Multi-week breaks will occur during Furniture Market and the Christmas season. The commitment is great, but the rewards are even greater! Visit [stephenministries.org](http://stephenministries.org) to learn more and watch videos. Contact **Jared Stine**, or **Mike Flack** at 336-688-5526 to sign-up or ask questions. Training at Wesley Memorial is open to multiple churches throughout High Point, so reserve your spot soon!

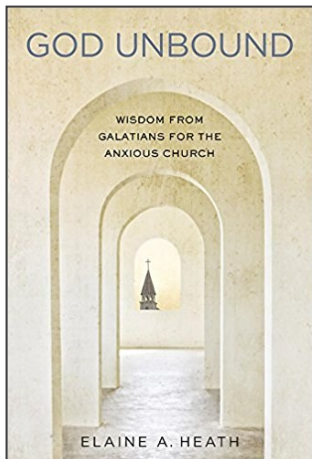


## The Reverend **Erin** Beall

Associate Pastor for Adult Spiritual Formation &  
Contemporary Worship  
336-812-4815; ebeall@wesleymemorial.org



## Announcing an “Adult Forum”: Ancient Wisdom For An Anxious Church



In these times of political unrest and social upheaval, even our denomination is not immune. Anxiety, therefore, plagues many people of faith and infects many churches' internal cultures. We are committed to making sure that Wesley Memorial UMC does not become one of these “anxious churches”! So we are turning to our favorite source of guidance: the Bible. Galatians, specifically. This summer, we'll hear from the book of Galatians from the pulpit, as well as from a new book from Duke Divinity School Dean, Elaine Heath, *God Unbound: Wisdom from Galatians for the Anxious Church*. From July 8 through August 19, Pastors Jeff, Jared, and Erin will rotate teaching this book Sunday mornings during the Sunday School hour (9:45-10:45). This seven-week series will culminate with Dean Heath herself coming to preach on August 26 at 9:45 and 11:00 (the 8:30 services are cancelled that day). Join the pastors for this Sunday School hour offering we're calling an “Adult Forum.” Books will be available starting in June from the Front Desk for \$12/each.

(PS: This is a great option for Sunday School classes who struggle to find programming or teachers during the summer, for folks whose Sunday School classes don't meet at all in the summer, and folks who are interested in trying out making adult Sunday School a part of your family's Sunday routine! )

**Sunday, August 26**  
**GUEST PREACHER**  
**The Reverend Dr. Elaine A. Heath**  
**Dean of the Duke Divinity School and**  
**Professor of Missional and Pastoral Theology**  
**9:45 am & 11:00 am**



# student ministries



**Steven Nelson**

Director of Student Ministries

336-812-4812

snelson@wesleyemorial.org

## July Calendar

**Girls Small Group**, Tuesdays  
(not 7/3) 10:30 am,  
*The Underground*

**Boys Basketball**, Tuesdays  
(not 7/3) 2:00 pm,  
*Fellowship Hall*

**7 Summer Nights**, July 11, 18,  
& 25, 7:00 pm, *location TBA*

**Mission Trip**, July 22–28,  
*Lexington SC*



Church Camp 2018



## Memory Café

### What is a Memory Café?

A Memory Café provides a gathering place for friends with Alzheimer's (or other dementias) along with their caregivers and families to relax and enjoy socialization, refreshments, discussion and entertainment.

### What Can you Expect?

Peer support: free valuable information and education: Social contact with others having a similar experience; an informal relaxed stigma free environment.

**Activities include:** warm-up/introduction, Father's Day trivia and musical bingo with prizes!

**Thursday, July 5 , 2018**

**10:00 a.m.- 12:00p.m.**

**Wesley Memorial United Methodist Church  
Small Dining Room**

*\*Refreshments and activities are provided at no cost to participants\**

**For more information contact Mikayla Tate at**

**Senior Resources of Guilford at (336) 333-6981.**



North Carolina Family Caregiver Support Program  
Combining the Care



### Join Our Weekly Email Prayer List

If prayer is your gift,  
we invite you to sign-up  
to receive this weekly email!

To sign up,  
call Cynthia Reddick at  
**336.884.2204**



CONNECT • REFLECT • EFFECT

[wesleymemorialjourneygroups.org](http://wesleymemorialjourneygroups.org)



The **Wesley Weekly** is published every Thursday and includes a preview of upcoming Sunday worship experiences and other week's activities. Go to [www.wesleymemorial.org/NEWS/Wesley](http://www.wesleymemorial.org/NEWS/Wesley) **Weekly E-News** and enter your email address.

## Adult Vacation Bible School

**July 16-19, 2018**

**9:15 am -10:30 am OR 6:30 pm - 7:30 pm**

**“ Shipwrecked: Where is Jesus in Your Storms? ”**

**Aldersgate Miller/Memorial Classroom**

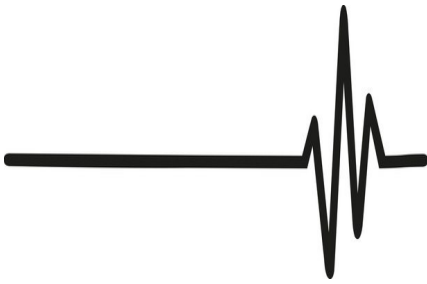
Why is life filled with so many challenges? Why doesn't God shield Christians from suffering? Is suffering part of God's plan for our lives? We will be discussing such questions, looking for biblical answers. Our Senior Pastor will lead the class. **To register, call the Front Desk or email Jeff Patterson.** Let us know if you need childcare.

## VESPERS

[noun] an evening prayer service

**Wednesdays  
6:00 –6:30 pm  
(Chapel)**

A midweek service  
of Holy Communion  
and  
Prayers for Healing



# Stories From Our Hearts

Wesley Memorial's purpose is to create and sustain spiritually healthy followers who live in ways that transform the world. **Stories From Our Hearts** is a way for members and friends of Wesley Memorial to share faith stories of transformation in the world.

## Remembering the Music

*by Jackie Gillespie*



Several years ago my husband, John, was diagnosed with Alzheimer's. At first there was denial, perhaps his symptoms were related to normal aging or some "senior moment," but over time more cognitive issues were evident. Each day brought new challenges and overwhelming responsibility. I searched for answers on where to turn and how to cope with our new life. My gregarious, outgoing and fun loving husband was now quiet and reserved. The disease took so much from us. However, it did not take John's love of music and his affection for his family and me. One day while riding in the car and listening to Joy FM on the radio, he asked me to marry him, again. I said "yes", of course.

About this same time my siblings and I had to move our dear mother from her home and into a care facility. Mother was 90 and her dementia had progressed and she was beginning to wander from her home. I felt so much guilt, like I had somehow failed as a daughter. My mother was the most giving person I ever knew. To see so much taken from her was heartbreaking. I was going through a maze of uncharted territory. What kept me going was my faith and the music. John and mother both loved music. John had sung in church choir since he was a boy and mother played piano and had been church organist. They were both at Carriage House in Greensboro at different times. I would push the wheelchair into the piano room, grab an old hymnal and start playing. Other residents would slowly come around and join in. "Amazing Grace or "When the Saints Go Marching In." Truly amazing! Their joyous spirits came to life! It was an uplifting time and always brightened my day. I've read there is a part of the brain that is not affected by the disease and that's why they respond to music. I believe it is the Holy Spirit living and thriving in God's children. The Lord has told us he would be with us, even until the end. I was witness to this! It was and still is a great comfort to me. I grieve their loss, but I consider those last years a gift. I hold on to the good times, the music, and the memories. I was blessed to be a caregiver. My message to others who are caring for a loved one with cognitive issues - know you are not alone. Others have traveled this path and share in your journey. Sometimes we just need the listening ear of a friend, someone who has walked the road before.

**Are you a caregiver? Would you like someone to talk with someone who's "been there, done that"? We have a group of former caregivers at Wesley Memorial who hope to support you as you care for a loved one. Contact the Reverend Jared Stine for more information.**



## **We Remember and Honor our Loved Ones**

Gifts received May 2018

### **In Memory of:**

**Joseph Michael Albany, Jr.:** Dr. & Mrs. Richard Orr

**Glenn Franklin Bitler, Sr.** (Father of Barbara Coughlin):  
Judy & Corky Hustrulid

**Bernard Fitzgerald:** Jim & Sandra Marsh

**Mary Gwendolyn Jones Gibson:** Dr. & Mrs. Richard Orr

**Martha Hawley** (Mother of Faison Hawley): Chris  
Amos, Candy & Bill Fenn

**Tom Johnston Kearns, Jr.:** Dr. & Mrs. Richard Orr

**William (Bill) Burke Mewborne, Jr.:** Dr. & Mrs. Robert  
Bass, Dorothy Call, Ned & Katherine Covington,  
Richard & Billie Futrell, Mr. & Mrs. Walter Jarman,  
Jr., Dr. & Mrs. Wade Markham, Joann McCuiston,  
Joe & Kate McNeel, III, Trust Company of the South

**Jean Morris** (Mother of George Morris): Dr. & Mrs.  
Richard Orr

**Ellen Rives Millis:** The Doug Connor Family

**Bettye Chaney Packer:** Bill Anderson, Lucille Duncan,  
John Peeler, Bootsy Tucker

**Marsha Slane:** Mr. & Mrs. William Dills, Dr. & Mrs.  
Richard Orr

**Paul Walker** (Father of Beth Thomas): Dr. & Mrs.  
Richard Orr

### **In Honor of:**

**Butch & Suzie Farabow:** Glass Unlimited of High Point  
(The Eichhorn's)

**Haley Kiser:** Mr. & Mrs. Howard Hedrick



**Nancy & Hayden McKenzie** in honor of their May  
birthdays (Hayden's 65<sup>th</sup>): Bootsy Tucker

**Bill & Caroline McGuinn:** Joann McCuiston

**Mark & Meredith Morgan:** Susan Hedrick

**Bootsy Tucker:** Bill Anderson

### **In Memoriam**

**Thomas Calvin Stout** - June 8, 2018

### **Sympathies**

**Jupy Stout and family** upon the death of her husband,  
Thomas "Tommy" Calvin Stout, on June 8, 2018

**Chase Lassiter, Martha Lassiter Meredith and families**  
upon the death of their sister, Nora Lassiter  
Mangum, on June 11, 2018.

## **AUGUST**

### **heart♥beat Deadline**

### **Friday,**

### **July 20, 9:00 am**

[showell@wesleymemorial.org](mailto:showell@wesleymemorial.org)



**Carroll Brown** and **Mary Ann Bohi** of Wesley Memorial did some reminiscing about the original chicken pies made with Jesse Millis' famous recipe. The delicious pies were very popular. Well, the recipe was found and great cooks of Wesley are coming together again to prepare the original chicken pies for you to pick-up Sunday July 22 from 10:00 am until 2:00 pm in the dining hall. Please order at the church by **calling 336-884-2204** or e-mail Carroll Brown at [adpcorp@triad.rr.com](mailto:adpcorp@triad.rr.com) before Thursday, July 19. The chicken pies will be just like the ones the legendary ladies made years ago at **\$12.00** for a 12" pie.



United  
Methodist  
Women

If you are interested in visiting/joining a UMW Circle, you are invited to email Peggy Holden at [mopeg@northstate.net](mailto:mopeg@northstate.net) or Lucille Duncan at [lbd48nc@triad.rr.com](mailto:lbd48nc@triad.rr.com).

**WNCC UMW Mission u, Pfeiffer College, July 19-22.** Register by July 5. Areas of study include “Embracing Wholeness”, “What About Our Money? A Faith Response”, and “Missionary Conferences of the UMC in the US”. Details at [www.wnccumw.org](http://www.wnccumw.org).

**Angel Tree Circle** will meet Thursday, July 12, 5:00-6:00 pm at Ward Street Mission to help serve the community dinner.

**HEARTBEAT  
(USPS 327-700)**

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**Wednesday, July 4**

**WESLEY MEMORIAL**

A UNITED METHODIST CONGREGATION

1225 Chestnut Drive • P.O. Box 5289  
High Point, North Carolina 27262  
336-884-2204

[www.wesleymemorial.org](http://www.wesleymemorial.org)

