heartybeat

Wesley Memorial United Methodist Church, High Point, NC

Volume 27 No. 1 January 2019













inside this issue:

New Sermon Series Financial Peace University

New Men's Group 2019 Ski Trip **December Pictures Memorials & Honorariums**

happy new year



"WHERE THERE
ARE NO DREAMS,
THERE IS NO
HOPE."

January 13
We Need Dreams to Survive

January 20
We Need God's Dreams

January 27
What is Your Dream?

February 3
(Re) Discovering the Dream for Wesley Memorial

People

Need

Dreams

Many people would be

shocked to find out that approximately 1/3 of our lives is characterized by our having no idea what we're doing. Now, we all know people who spend significant percentages of their lives being clueless, but that's not we're talking about here. 1/3 of the average human being's life is unaccountable, spent doing absolutely nothing, and having no idea that we're doing nothing; and it's not because we're clueless. It's because we're sleeping.

Science shows that the average human being is required to spend 1/3 of its life sleeping in order to function at optimal levels. Some need more, some need a little less; but all need sleep. In fact Scientists profess that if you deprive a human of sleep for 10 days straight, they'll die. Dead. Kaput. Dead. 3 minutes without air, 3 days without water, 10 days without sleep. People require sleep. But what's more fascinating about our need for sleep is

that we don't just require sleep, we require a certain type of sleep: REM, or Rapid Eye Movement. The human brain, the human body, human existence requires what science knows as REM Sleep.

There's a lot we don't know about REM sleep, how it works, and exactly how it is integral to human existence, but what we do know is that it is characterized by the shifty, darting back and forth movement of our eyes and a very unique electrical brain activity that reveals one thing in particular: that we're dreaming.

People need sleep.
We need REM sleep.
We need to dream.
People need dreams.



Pastor Carter

Carter Ferguson
Associate Pastor WMUMC
and
Pastor Ward Street Mission
479.647.6893
cferguson@wesleymemorial.org





Whit Holbrook

Start the new year paying off debt, sticking to a budget, and saving more for the future – all with insightful teaching and a supportive community of peers! Join us for a **Preview Night on Wednesday, January 16 at 6:30 pm** and learn all about Financial Peace University. Ask questions, listen to the experience of others, and if you're ready for a life changing opportunity – or-

der your personal finance kit!

The class is 10 weeks long and will meet on Wednesday nights at 6:30 pm in the Media Center starting January 30.

Contact Jared Stine or Whit Holbrook with questions. Check out **financialpeace.com** to learn more!



Financial Peace PREVIEW NIGHT Wednesday, January 16 6:30 pm



Pastor Jared

Jared Stine
Associate Pastor
for Congregational Care
336.812.4813
jstine@wesleymemorial.org

Important Dates

January 9
Midweek
Communion
Resumes
11:00 am
Chapel

January 16
Financial Peace
Preview
6:30 pm

January 30
Financial Peace
University Begins
(10 weeks)
6:30 pm

Men's

Chronic Illness

Support Group



If you're a man facing a chronic illness – like Alzheimer's, Parkinson's, Cancer, etc. – Wesley Memorial has a wonderful group of men who want to walk with you through this season of your life. They gather at Church every other Tuesday morning to catch up,

support each other, share a few laughs, and lift each other up in prayer. Interested in joining? Contact Jared Stine or Harvey Lowd for more info. Non-members and community members welcome.





Wednesdays at 11:00 am in the Chapel



Debbie Foust

Director of Children's Ministries 336.812.4804 dfoust@wesleymemorial.org



the Greens

Important Dates

January 28 **Family Swim Night REGISTRATION Deadline**

February 1 **Family Swim Night HP Swim Club** 6:00-8:00 pm

> February 10 **Bible Explorers Begins**

February 28 "Created By God" **Begins**

Children's

Nativity



Pastor Jeff

Jeff Patterson
Senior Pastor
336.814.4808
jpatterson@wesleymemorial.org

Important Dates

January 7 Non-Denominational Bible Study Begins

"Living Without Regrets: Paul's Second Letter to Timothy"

10:30 am
Circle View Room

January 9 Wednesday Bible Studies Resume

"Gospel of Mark: Chapter 13"

12:00 noon Dining Hall 6:45 pm Circle View The **Reverend Clifford Barnett, Sr.,** pastor of Warner Temple AME Zion church in Wilmington, NC was with us in worship on Sunday, December 16.H is message included a powerful poem. Many have requested a copy of the poem. Here it is:

Reason For Life

I don't know how to say it
but somehow it seems to me
That maybe we are stationed
where God wanted us to be
That the little place you' re filling
is the reason for your birth,
And just to do the work you do
He put you on this earth.

If God had wanted otherwise
I guess he would have made
You just a little different,
of a worse or better grade
And since God knows and understands
all things of land and sea
I fancy that He placed you here
just where He wanted you to be.

And sometimes you may get to thinking,
as your labors you review
That you should like a higher place
with greater tasks to do. But come to the conclusion,
when the envying is stilled
That the post to which God sent you
is the post He wanted filled.

So you plod along and struggle in the hope when day is through That you are really necessary to the things God wants to do And there isn't any service You can give which you should scorn For it may be just the reason God allowed you to be born.

-Anonymous







Anne Carroll

Director of Traditional Music 336.812.4816 acarroll@wesleymemorial.org aditional music

WEDNESDAYS AT WEDNESDAYS AT STATEMENT OF THE STATEMENT OF

communion ● lunch ● bible study ● choirs ● vespers ● dinner ● fellowship

Midweek Communion 11:00 am (Chapel)

Bible Study Lunch
12:00 noon (Dining Hall)

Vespers 5:30 pm (Chapel)

ALL activities resume January 9

Dinner 5:45-6:45 pm (Dining Hall)

Evening Bible Study 6:45 pm (Circle View)

Other Activities:

Prayer Shawl Ministry

1:30 pm (Arts & Crafts Room)

Handbell Quartet

4:30 pm (Adult Bell Room)

Chancel Choir

6:45 pm (Choir Room)



Steven Nelson

Director of Student Ministries 336.812.4812 snelson@wesleymemorial.org



Ski Weekend Friday, January 25 - Sunday, January 27

Calling all high school students & their friends (grades 9-12). We are hitting the road for the slopes in 2019. Check your calendar and invite your friends to join us on Friday, January 25 - Sunday, January 27. We will leave after school on Friday and come back Sunday evening. We are going to Teen Valley Ranch in Plumtree, NC. There will be options to ski, snow tube or just hangout if you choose. This is a great winter mountain trip to invite your friends for all the fun. TVR is a super awesome Christian Camp tucked in the heart of Avery County in the NC mountains. We will have a surprise destination on Sunday too!! Registration Deadline is Monday, January 14. Registration Price is \$200.00. \$50 deposit. Register Online at: wesleymemorial.org/grow/students/



January 14
Ski Weekend
REGISTRATION
Deadline

January 25-27 Ski Weekend Teen Valley Ranch





Mark your calendar for the WMS Open House Events ...

We welcome the opportunity to tell about our school and our commitment to quality early education for our littlest babies to our kindergarten students.

Friday, February 8, 2019
Kindergarten Open House
9:15-10:30 am

Children's Gathering Room - Following a brief information session, we will have a tour through our Kindergarten classes.

Wednesday, February 13, 2019

Pre-K Four Open House

Friday, February 15, 2019

All Age Open House

9:15-10:30 am each date for special presentation and visit to classrooms.







Jo Ann Clifton

Director 336.884.4232 jclifton@wesleymemorial.org



Susan Kelley

Associate Director 336.884.4232 skelley@wesleymemorial.org



Registration for Fall classes 2019-2020 begins 2.4.2019

januaryactivities

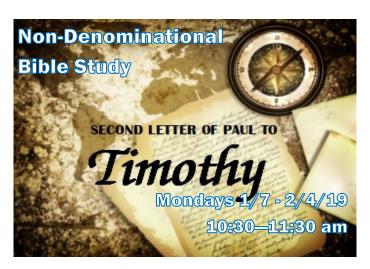


Thursday, January 3, 10:00—12:00 pm
Small Dining Room
Senior Resources of Guilford 336.333.6981

February heart ♥ beat Deadline

Friday, January 18, 9:00 am

showell@wesleymemorial.org



The Reverend Dr. Jeff Patterson, leading



Tuesday, January 15 RSVP 336.884.2204 by 1.11.19

Bingo 10 am Fellowship Hall

Book Club 10:30 am Small Dining Room

Lunch 11:45 am Dining Hall

Presentation 12:15 pm Dining Hall

Church Council

Tuesday, January 15, 5:30 pm

Circle View Room



Our Prayer Shawl Ministry has made and delivered over 2000 shawls, blankets, sweaters and other items.

You are invited to join this wonderful group

on Wednesdays at 1:30 pm in the Arts & Crafts Room. Contact:

Lee Huff, 336.887.9165 Karen Sumner, 336.883.8721 Linda Dale, 336.884.5121

We Remember and Honor our Loved Ones

In Memory of:

Gift received November 2018

Betty G. Bills (Mother of Andy Bills): Jerry & Louella Stinson

Gene Bohi: Aldersgate Miller Memorial Sunday School Class, Lou & Gene Bouldin, Evelyn Davis, Lucille Duncan, Alice Ervin, Kenneth Geddie, Jr., Jackie Gillespie, Nan & Buck Kester, Mr. & Mrs. Warren Lackey, Harold & Betty Martin, Mary & Tom Mason, Kay & Dusty Maynard, Mr. & Mrs. Robert Niebauer, Floyd & Dixie Pugh, Jerry & Louella Stinson, Patsy & Charlie Surles, Bootsy Tucker, Dr. & Mrs. Ed Weller

James (Jimmy) Gilbert Carroll: Andrea Cozart, Mary & Tom Mason, Jerry & Louella Stinson, Mr. & Mrs. Bruce Strowd

Michael Delgaudio (Husband of Julie Delgaudio): Chris Amos, Bill & Cindy Milliken

Frances O'Lean Bragg Hutchins: Aldersgate Miller Memorial Sunday School Class, Christine Chidester & Ann Miller, Kenneth Geddie, Guilford County Board of Commissioners and the Employees of Guilford County Government, Dr. W. Thomas Hutchins, Jr., Joseph McGhee, Mr. & Mrs. David Maynard, Jackie Utley, Sharon Weigle

Roby Joyce (Father of Barbra Joyce Lassiter): Mr. & Mrs. Chase Lassiter, Nancy Martin

Vernon Wendell McFalls: Brooks Stewart

Max & Nancy Meeks: Aldersgate Miller Memorial Sunday School Class

William (Bill) Osborne, Jr. (Brother of Barry Osborne): Raymond & Liz Rogers

Rufus Glenn Yates (Father of Rufus Yates): Raymond & Liz Rogers

In Honor Of:

Rev. Erin Beall: Mike & Teresa Flack

In Honor of Mrs. Anne Carroll and In Memory of Jimmy

Carroll: Mike & Teresa Flack

Mrs. Anne Carroll: Patsy & Charlie Surles

Dr. Howard & Mrs. Kitty Coble & Kathy: Mike & Teresa Flack

Dr. & Mrs. Paul Coughlin: Brooks StewartDr. & Mrs. Rod Fulcher: Teresa & Mike Flack

Mr. Joe Gamble: Teresa & Mike Flack, High Point En-

terprise

Mr. Ken Geddie: Teresa & Mike Flack
Mrs. Jackie Gillespie: Teresa & Mike Flack
Mr. Scott Howell: Mike & Susan Hedrick

Mr. & Mrs. Frank Pifferetti: Teresa & Mike Flack, Patsy

& Charlie Surles

Dr. & Mrs. Jeff Patterson: Teresa & Mike Flack,

Dr. Jeff Patterson: Dr. & Mrs. Bill Stewart **Ms. Beth Rose:** Mike & Susan Hedrick

Rev. & Dr. Jared Stine & Adelaide: Teresa & Mike Flack Rev. Jared Stine: Dr. & Mrs. William (Bill) Stewart In Honor of Bishop Tom Stockton and In Memory of Jean

Stockton: Teresa & Mike Flack

Mrs. Marcia Williams: Teresa & Mike Flack
Mrs. Meryle Wilson: Teresa & Mike Flack
Mrs. Sarah Woollen: Teresa & Mike Flack

In Memoriam

James Matthews November 23, 2018
Evelyn Martin Smith December 2, 2018
Elizabeth Jordan Mewborne December 3, 2018
Robert (Rob) G. Culp III December 8, 2018

Sympathies

Frances Ingram and family upon the death of her sister; Elizabeth Clifton Myers on November 1, 2018

Nancy Massey and family upon the death of her sister; Sarah Massey Armstrong on November 14, 2018

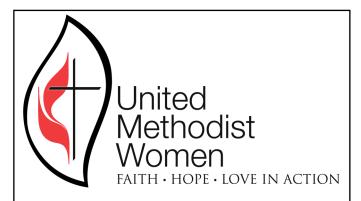
Katie Hutchens and family upon the death of her father; Charles Braswell on November 21, 2018

The family of **Evelyn Martin Smith** upon her death on December 2, 2018

The family of **Elizabeth Jordan Mewborne** upon her death on December 3, 2018

Susan Culp, Robert "IV" (Leslie) & George and Anna Sloan Culp upon the death of her husband and their father; Robert (Rob) G. Culp on December 8, 2018

Tom Smothers and family upon the death of his father; Thomas Edward "Ed" Smothers on December 12, 2018



If you are interested in joining a Circle, please contact Lucille Duncan 336-882-1815 or Carolyn Steed 336-882-4829.

UMW Board will meet Monday, January 7, 10:30 am in the Small Dining Room

The UMW raised over \$15,000 at the Bazaar in November. Thanks again to all that donated, worked and supported this project. The proceeds will be returned to the church and community through our Project Fund Recipient program.

UMW Sunday is February 17. A social for the women of Wesley Memorial will be held that afternoon at 2 pm. Featured speaker will be Catherine Johnson, Director of the Family Justice Center. More details to follow.

Circle Meetings:

FAITH Circle - Sunday, January 20, location TBA

Circle #6 - Monday, Jan 14, 7pm, Pledge Service, location TBA

Circle #8 - TBA

Circle #9 - Tuesday, January 15, 10:30 am in the Dining Hall

Angel Tree and Friendship will not meet

(USPS 327-700)

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