

# the heart♥beat

## WESLEY MEMORIAL

A UNITED METHODIST CONGREGATION  
High Point, North Carolina

Volume 26 No. 10

October 2018

### The Wesley Witness



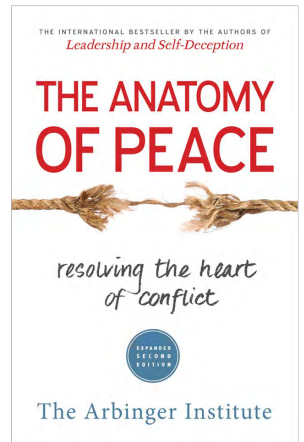
I recently read a book that I'll never forget. It was *The Anatomy of Peace: Resolving the Heart of Conflict*

by the Arbinger Institute. The premise is simple: people whose hearts are at peace don't wage war in their relationships. They don't accept every invitation to attend a conflict. This book is sorely needed in our society, our workplace, our communities, and our families. We have forgotten how to be in relationship with people, particularly people with whom we disagree. We are creating much misery for ourselves and others.

*The Anatomy of Peace* is presented as an easy-to-read story. The setting is a two-day parent workshop at an Arizona-based wilderness camp (Camp Moriah) for out-of-control teenagers, but the storyline is a mere setting for an instruction manual on being people who have hearts of peace. In the narrative, the workshop facilitators are a Palestinian Arab whose father was killed by Israelis in 1948 and an Israeli Jew whose father died in the Yom Kippur War. Can you imagine two people who could more easily have warring spirits toward one another! These two men use examples from their domestic lives and the history of their region to illustrate situations in which the normal and necessary routines of daily life can become fodder for conflict. But, these two men have chosen a path away from conflict.

*The Anatomy of Peace* helps the reader learn to identify his or her own warring heart and the ramifications of that warring heart for relationships. Practical advice for achieving a heart of peace is given. The implications of discerning and transforming a warring heart are huge. While this book was produced for the business world, the spiritual connections are obvious. God truly desires to replace our hearts of stone with hearts of flesh. The prophet Ezekiel spoke this truth to his people and us: "A new heart I will give you, and a new spirit I will put within you; and I will remove from your body the heart of stone and give you a heart of flesh" (36:26). We need baby skin on our hearts, not

(Continued on page 2)



(Continued from page 1)

hard, calloused skin. Jesus repeatedly told us to love our enemies, treat everyone with respect, and watch our words. This was basic training for me growing up. But, it seems that we have quit trying to be civil. How we choose to act is often determined by how others act - and we think that is acceptable. Rage doesn't seem only infect our road, but every aspect of our world. We know better. I am sure we want to teach our children better.

A transformed life or a transformed world is only created by transformed hearts. May we be a people living with disarmed hearts, living according to the Golden Rule, and respecting the image of God in everyone. Living out of peaceful hearts is the most practical, impactful, and joyful ways to live.

Let's follow Jesus rather than the ways of the world; let's show the world a different way of being human and being in relationship. The world around us desperately needs to see and hear our Christian witness.

With Confidence in Christ,

**Pastor Jeff**

## England in 2019

### with the Reverend Dr. Jeff Patterson



If you have signed up or are interested in visiting England in 2019, you are invited to attend this meeting on **Saturday, October 6, 5:30 pm, in the dining room**. Dr. Patterson will be talking about his upcoming trip arranged by Educational Opportunities to

England on April 23. It will be a 9-day study tour visiting sites connected with John Wesley, C.S. Lewis and Winston Churchill along with some other popular sites. You may pick up brochures at the front desk. The trip is limited to 35 and presently 20 are signed up, so space is available.

Since refreshments and handouts will be provided for this meeting, please register by contacting Dr. Patterson at:

**[jpatterson@wesleymemorial.org](mailto:jpatterson@wesleymemorial.org)**



### 2018 Guilford County Walk to End Alzheimer's

**September 20, 2018**

**@ Lebauer Park**

**Greensboro**

**[act.alz.org](http://act.alz.org)**

### Why We Walk

*by Jerry Tucker*

Kay and I walk in memory of our fathers both of whom were diagnosed with Alzheimer's.

You may remember Kay's father, **Hubert Leach**, who managed Mayberry's Ice Cream Shoppe for many years. He was also known as The Cookie Man or Ice Cream Man, because of the ice cream and cookies he passed out to children. We think he was exhibiting Alzheimer's symptoms before his diagnosis, but we attributed his behavior to his hearing loss.

My father, **Charles Tucker**, was originally diagnosed by my mother. Shortly before her death, she told me "You're going to have to look after your father because sometimes he's

not quite right". At this time Kay and I had not noticed any symptoms and would not for another 3 to 4 years.

These two men approached the disease quite differently. One was sullen and resentful and the other quite jovial. Luckily for us, both men remembered us to the end. Unfortunately, this is not always the case.

A lady whose husband was in the later stages of Alzheimer's that came by our Alzheimer's table at the Farmers Market a few weeks ago summed it up best. As she dropped a contribution into our jar, she said "*this won't help me, but maybe it'll help someone else*". To me this says it all, we walk so that others won't have to experience what we have.

We are grateful to the Wesley Memorial Missions Committee for backing The Walk to End Alzheimer's and ask that you prayerfully consider a contribution to the Guilford county walk to End Alzheimer's.

*Greater love  
has no one  
than this,  
than to lay  
down one's life  
for his friends*  
John 15:13

# WEDNESDAYS AT WESLEY

communion • lunch • bible study • choirs • vespers • dinner • fellowship



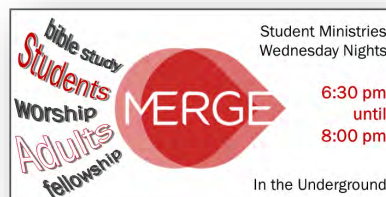
**11:00 am in the Chapel**

**12:00 noon in the Dining Hall**  
(\$5 lunch, no reservations necessary)



**5:30 pm in the Chapel**

**5:45 pm Dining Hall**  
(\$6 dinner, no reservations necessary)



**6:30 pm in the Underground**

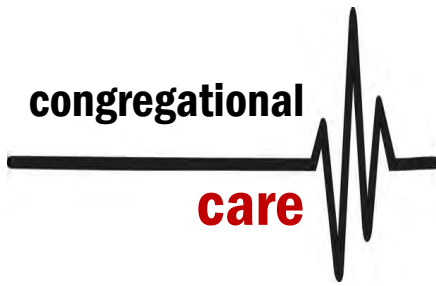
**12:00 noon in the Dining Hall**  
**6:45 pm in Circle View Room**



## Other Activities:

Prayer Shawl Ministry, 1:30 pm, Arts & Crafts Room  
Wesley Bell Ringers, 4:15 pm, Youth Bell Room  
Handbell Quartet, 4:30 pm, Adult Bell Room  
Chancel Choir, 6:45 pm, Choir Room





## The Reverend **Jared Stine**

Associate Pastor for Congregational Care

336-812-4813

[jstine@wesleymemorial.org](mailto:jstine@wesleymemorial.org)

Interested in learning how to talk about your faith?  
Want to help connect people to Jesus and Wesley Memorial?

**JOIN US: OCTOBER 16, 23, 30 • 6:30-7:45 PM**

Contact Jared Stine at [jstine@wesleymemorial.org](mailto:jstine@wesleymemorial.org) to reserve your spot.

**SPACE IS LIMITED**

Wesley Memorial's  
**Pet Blessing**  
at City Lake Park  
602 W. Main Street, Jamestown, NC 27282  
**Shelter #9**

**Sunday, October 7**  
**3:00 pm**

## Communities

### Against

### Violence

Community **Against Violence (CAV)** is a collaborative effort between the Police Department and citizens of High Point who are working hard to eliminate violence. Meetings are held the 2<sup>nd</sup> Wednesday of each month at 8:30 am at the Police Department. You will get updates on what is happening in the community and be able to share ideas with other community members. When violence occurs volunteers partner with police officers and walk the affected communities, letting those neighborhoods know we care and urging them to cooperate with the police. Building bridges is so important.



About four times a year there is a Call IN for 2-time violent offenders at the City Council Chambers. These offenders are encouraged to commit to a program for life and job training skills. Many agencies make them aware of the resources available to help them, as well as the conse-

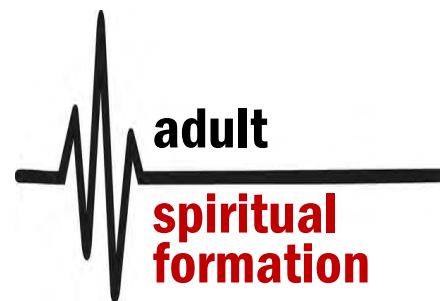
quences of committing a third offense. It is a powerful meeting! All citizens are invited to attend and let these young people know that the community is saying "Enough is Enough" and that we care about them.

**CAV** will have an information meeting **Thursday, September 13** at 6:30 pm at 792 N. Main (HPCAV building) to learn about the purpose, goals and history of **CAV**. There will be a time for you to ask questions. If you want to come for dinner notify Jim Summey at [jim@hpcav.com](mailto:jim@hpcav.com). We need your voice and your support!

For questions contact Pat Colonna at 336 906-2265 or [patcolonna@northstate.net](mailto:patcolonna@northstate.net)

## The Reverend **Erin Beall**

Associate Pastor for Adult Spiritual Formation & Contemporary Worship  
336-812-4815; ebeall@wesleymemorial.org



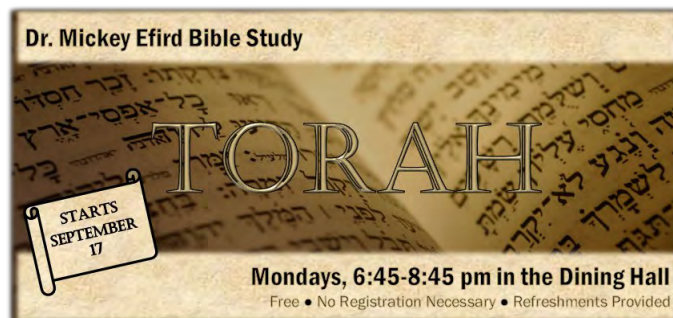
## **Mickey Efird**

Dr. Mickey Efird is with us to share in a weekly Bible study. He is looking at the Torah, the foundational books of the Jewish Scripture that form what we often call “The Law.” Perhaps you’ve heard preaching and teaching about “the Law” as we’ve moved through a sermon series on Galatians this summer. Well, here’s your chance to go deeper with a renowned Biblical scholar. Join us Monday nights from 6:45-8:45 pm in the Dining Hall. This is a free event, no registration necessary. Refreshments are provided.

## **Welcome New Members**



**Robert Barrett** and **Billie Doris Barrett** joined on September 16 at the 11:00 am service



This fall there will be celebrations of the 100th anniversary of the end of World War I (Armistice Day, 11/11) and Wesley Memorial will be taking part. We'd like to

remember those of our members who served but we don't have that list and we need your help. If you had a family member who served in that war, or any others, and you believe they were members of Wesley Memorial at the time of service, please call or email and give the information to Kay Maynard:

**336.883.7236 or [KayMaynard@gmail.com](mailto:KayMaynard@gmail.com)**







**Debbie Foust**

Director of Children's Ministries  
336-812-4804  
dfoust@wesleymemorial.org

**A few changes will be taking place in our  
Sunday morning rotation **Sunday School** schedule...**



- ♦ Sunday School lessons will begin at **9:50** to allow time at the end of class for Small Group time called "Anchor Groups".
- ♦ We look forward to this new format and believe it will enrich the children's Sunday school experience

***Please try to be on time  
so your child will not miss out on all the activities.***



**Sunday, October 28**

**4:30- 6:30 pm**

Wear your costume and come enjoy all the activities! Costume carnival, hay rides, games, music, hot dog dinner, prizes for car decorations, and of course, CANDY as you trick or treat around to each car!! Hot Dog Dinner begins at 5 pm. No reservations necessary for the meal.

You **DO** need to register if you are going to be decorating your car, SUV or van for Trunk-or-Treating.

**Please contact Kim Suda at 336-812-4802 or  
ksuda@wesleymemorial.org**

**Bible Explorers**



Sunday afternoon programs for Kindergarten through 5th grades will

begin October 14 through November 18. Registration information and brochures are available on the Elementary hall or you can contact Debbie Foust or Kim Suda at:

**ksuda@wesleymemorial.org**



Our annual **Trunk or Treat** event brings a lot of visitors to our church campus. We need A LOT OF CANDY for those who will have their cars decorated to hand out to the children. Would you please purchase a bag or two of Halloween candy (*some non-chocolate as well please*). Collection baskets will be outside each worship space and the Front Office lobby.

**Questions?  
Contact Debbie Foust**



## Steven Nelson

Director of Student Ministries

336-812-4812

snelson@wesley Memorial.org



**bible study**  
**Students**  
**Worship**  
**Adults**  
**fellowship**

**MERGE**

Student Ministries  
Wednesday Nights

6:30 pm  
until  
8:00 pm

In the Underground

Questions? Contact Jessica Nelson at [jessicalotusnelson@gmail.com](mailto:jessicalotusnelson@gmail.com)

## Bible Studies

**Women Of Wesley**  
Bible Study  
Tuesdays  
9:15 am—11:00 am  
The Underground

*"GOD IS LOOKING TO  
RAISE UP MIGHTY SERVANTS  
HE CAN REUSE ALL OVER THE GLOBE  
WITH THE GOSPEL OF JESUS"*  
BETH MOORE, ENTRUSTED

Join us for  
**entrusted**  
A Study of 2 Timothy by BETH MOORE  
Wednesdays, 6:30 pm, The Underground



6th Grade  
Welcome Lock-in



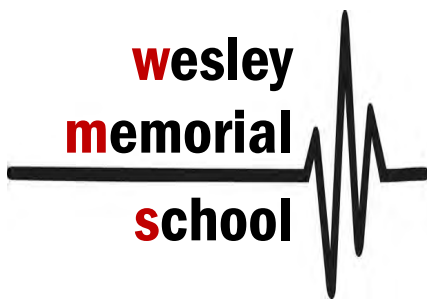
Move Up Sunday



Rise Against  
Hunger







**JoAnn Clifton**, Director  
336-884-4232  
jclifton@wesleymemorial.org



**Susan Kelley**, Associate Director  
336-884-4232

## **Weekday Workshop Conference**

Once again, we will be the host site for the Weekday Workshop Conference on **November 8 and 9**. Our campus will be a buzz with early childhood educators from around the Western NC Conference. There are many volunteer positions to be filled. Please call JoAnn or Susan in the school office if you would like to help and share in the hospitality.

### **Wesley Memorial School**

We had a wonderful start to our school year with 159 children!

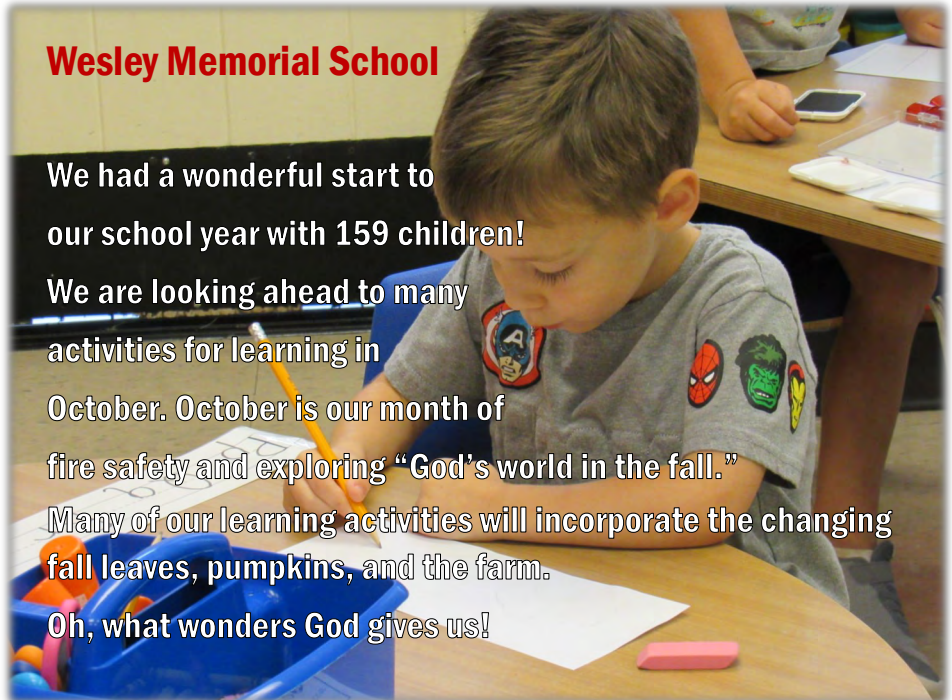
We are looking ahead to many activities for learning in

October. October is our month of

fire safety and exploring "God's world in the fall."

Many of our learning activities will incorporate the changing fall leaves, pumpkins, and the farm.

Oh, what wonders God gives us!



### **Autumn Fest!**

**Friday, October 26, 9:30 am- 12:00 noon**

All our children from our littlest babies through our Kindergarten students will participate in this full morning of outdoor fun, games, art, and music highlighting our October themes. Parents, grandparents & church members are invited to come by and help the children with their activities or simply enjoy seeing the sweet children during their activities. Our Autumn Fest stations will include:

**Blue Grass Music & Dancing**

**Hayride Wagon-Pull**

**Pumpkin Roll**

**Deer Corn Sensory Bin**

**Fall Art and Painting**

**Farm Fun Snacks**

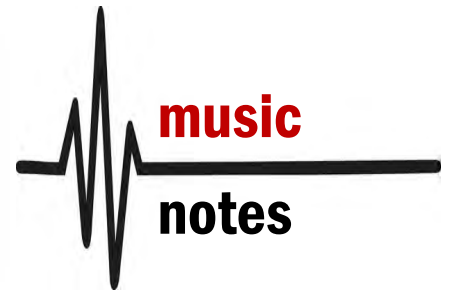
We would welcome additional adult help... choose to walk alongside a class & participate in activities; or volunteer to assist at a station. Call JoAnn or Susan in the school office.





## Anne Carroll

Director of Traditional Music Ministries  
336-812-4816  
acarroll@wesleymemorial.org



## Upcoming Music & Rehearsals

JuBELLation Choir begins rehearsals on October 7 from 3:00-4:00 pm in the adult bell room. JuBELLation Choir is for students aged 6<sup>th</sup> grade-college. If you know of a student who would like to serve God and Wesley Memorial by ringing in this choir, please contact Anne Carroll. These students rehearse in 3, four-week sessions, from October-March and play in 11:00 worship on October 28, December 16 and March 17. Absolutely no previous musical experience is necessary. We always have great fun.

Chancel Bells will ring the opening voluntary on October 21 and the Wesley Handbell Choir will ring on October 28. The Chancel Choir is preparing special music for each Sunday throughout the year. Our Wesley Singers serve in the chapel every Sunday, September-April. Andrea Tulipana and Samantha Saake will sing a beautiful duet, "I Waited For The Lord" by Mendelssohn, on October 21. If you wish to serve by sharing your musical gifts please contact Anne Carroll.



## Children's Music

Parents: remember that Childrens' Music rehearsals will begin November 4 at 9:30 am in the Gathering Space. Children in kindergarten-5<sup>th</sup> grade rehearse before Sunday School to prepare to sing for 11:00 worship on December 16. The Children's Nativity takes place on December 16 as well, so we would love to have a large group of children sing the introit that morning. If you need a rehearsal schedule, please contact Anne Carroll.

**Non-Denominational**  
The Letter of  
**Jude**  
Bible Study  
Mondays 9/10-10/15  
10:30 am  
The Reverend Dr. Jeff Patterson, leading  
Circle View Room



The Local Missions Committee will be joining the Wesley Memorial's Student Ministries in campaign to collect at least 130 blankets for Cover the City's

Fall blanket drive. These items will be given to those of us in High Point who are without housing and provide critical protection from the elements as winter approaches. We will be looking to the congregation for assistance by requesting donations of new or gently used (clean with no holes) blankets, comforters, throws, or sleeping bags. There is no restriction on size or material. Collection will begin toward the end of October so please check the Wesley Weekly for information on drop-off instructions. Thank you for any donations you can provide!

For questions, please contact:

**David Adams at [charlesdadams10@gmail.com](mailto:charlesdadams10@gmail.com)**

**Jim Holcomb at [jhol20@aol.com](mailto:jhol20@aol.com)**

**LIVE ALIVE**  
Tuesday  
October 16  
Bingo 10:00 am • Book Club 10:30 am  
Lunch & Program 12:00 noon

**Weekly Email Prayer List**  
The email list will share recent joys, concerns, bereavements, and ministry events.  
If prayer is your gift, we invite you to sign-up to receive this weekly email prayer list.  
To sign-up, call Cynthia Reddick  
**336.884.2204**

**Memory**  
Wesley Memorial UMC  
1225 Chestnut Drive.  
High Point, NC 27262  
SMALL DINING ROOM  
**FIRST THURSDAY  
of each month  
10:00 am — 12:00 pm**  
More information?  
Mikayla Tate at  
Senior Resources of Guilford  
**336.333.6981**

**Prayer Shawl Ministry**  
Our Prayer Shawl Ministry has made and delivered over 2000 shawls, blankets, sweaters and other items.  
You are invited to join this wonderful group on Wednesdays at 1:30 pm in the Arts & Crafts Room. Contact  
**Lee Huff, 336.887.9165**  
**Karen Sumner, 336.883.8721**  
**Linda Dale, 336.884.5121**

**NOVEMBER**  
**heart♥beat Deadline**  
**Friday,**  
**October 19, 9:00 am**  
**[showell@wesley memorial.org](mailto:showell@wesley memorial.org)**



## **We Remember and Honor our Loved Ones**

Gifts received July 2018

### **In Memory of:**

**Glenn Bitler (Father of Barbara Coughlin):** Ellen Whitlock & Tim Rhodes

**William A. Horney, Jr.:** Gene & Mary Ann Bohi, Mr. & Mrs. Michael Drummond, Lucille Duncan, Mr. & Mrs. Keith Eichhorn, Mrs. Daphne Horney, Bart & Barbara Lassiter, Wade & Lois Markham, Karen Odom, John Peeler, Liz & Raymond Rogers, Dr. & Mrs. Ed Weller

**Lou Dean Howard:** Shirley Duncan

**Robert (Bob) Hunt Howard:** Supti Bhattacharya, Shirley Duncan, Al & Sherrill Elder, Peter, Ephy & Caroline Howard, Wade & Lois Markham, John Peeler, Eric Sanders, Jerry & Louella Stinson, Cynthia Tobin, Jerry & Kay Tucker, United Methodist Women, Harvey & Carolyn Wingo

**William (Bill) Burke Mewborne, Jr.:** Darlene & Nick Beard

**Jean Morris (Mother of George Morris):** Mr. & Mrs. Thomas Tyson, III

**Bettye Chaney Packer:** Norman & Anne Andrews, Gene & Mary Ann Bohi, Sandra & Jim Marsh

**Thomas C. Stout:** Jean Gooding, Patricia Hutchens, Debbie & Bobby Irvin, Liz Jones, Gayle Kearns, Jim & Sandra Marsh, Susan Morris, Jupy Stout, Bootsie Tucker, Dr. & Mrs. Ed Weller

### **In Honor of:**

**The Reverend Jeff Patterson:** Children of Bill Horney

**The Reverend Jared Stine:** Children of Bill Horney

Gifts received August 2018

### **In Memory of:**

**John O. Byrd (Father of Keith Byrd):** Suzie & Butch Farabow

**Mary Gibson:** Lynn Fellos

**Robert (Bob) Hunt Howard:** The Carroll Blewster Family

**John Linville (Brother of Linda McCoy):** Lucille Duncan, Bobbie Rasmussen

**Thomas C. Stout:** Mr. & Mrs. Bradley Dozier, Suzie & Butch Farabow, Mr. & Mrs. Everette Grayson, Mr. & Mrs. Herman Hunter, Sr., Mary & Tom Mason, Mr. & Mrs. William Reece, Patricia Sloan

**Geneva Crowder Warren:** Bob & Barbara Braswell, Chestnut Oaks Homeowner's Association, Mr. & Mrs. Ronald Crowder

**Pat Warth:** Jim & Patricia Bowman, Lucille Duncan, Rev. Sandra McNiel

**James Younts:** Mr. & Mrs. William Reece

### **In Honor of:**

**The Reverend Barry & Judi Osborne:** Pat & Everette Grayson

**The Reverend Jeff Patterson:** Dr. & Mrs. Paul Leeland





United  
Methodist  
Women

FAITH • HOPE • LOVE IN ACTION

Board will meet Tuesday, October 2, 10:30 am in the Small Dining Room

UMW Annual Celebration at Lake Junaluska has been rescheduled to October 12-14 due to Hurricane Florence.

**The Bazaar is coming!** Saturday, November 17, 8:00 am - 3:00 pm, sponsored by Wesley Memorial UMW

You know you love it, vendors, crafts, Bake Sale, Cafe, General Store and Silent Auction.

Plan now to attend and bring a friend

Calling all Cooks of Wesley Memorial. Donated baked goods including desserts, casseroles, home canned goods, etc. are needed to make the Bake Sale portion of the UMW Bazaar a success. We would love to have donations from all groups in our church, not just UMW. Any questions? contact Glenda Miller 336-869-7529 or [gmiller@northstate.net](mailto:gmiller@northstate.net).

We'd love to have your gently used items for the General Store and Silent Auction portions of the Bazaar.

Storage space is available downstairs in Room C109.

Please label your donations for the Bazaar. Call the church and tell them you are coming with donations.

Someone will meet you and unlock the door.

NO CLOTHING OR LARGE TVs

**Circle Meetings in October:**

**Angel Tree** - Wednesday, Oct 17, 5:30 pm in the Small Dining Room

**FAITH Circle** - Sunday, Oct 21, Sponsoring Blood Drive in the Dining Hall

**Circle #6** - Monday, Oct 8, 7 pm, home of Lucille Duncan, 606 Huntington Drive

**Circle #9** - Tues, Oct 16, 10:30 am in the Dining Hall

**Circle #8** and **Friendship Circle** will not meet

**WESLEY MEMORIAL**

A UNITED METHODIST CONGREGATION

1225 Chestnut Drive • P.O. Box 5289  
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336-884-2204

[www.wesleymemorial.org](http://www.wesleymemorial.org)



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